



Hurtwood 50k

Descrizione

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This film documents my journey into the world of Ultramarathons. Over the past two years, I ran my first ultramarathon the Hurtwood 50k, my first 50 mile ultra the South Downs Way 50, my first 100k ultramarathon the Serpent Trail 100k ultramarathon and finally my first 100 mile ultramarathon the South Downs Way 100. In this film, I recap my experience, my training and what I have learned from 2 years of ultramarathon training and races.